

**BACK TO THE**

**900S**



**BY LISA'S  
DANCE AND EXERCISE  
COMPANY**

**JUNE 7TH 2026**

# Dance Teachers



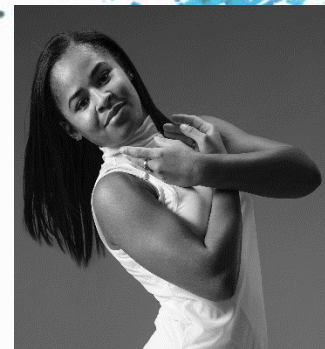
Lisa Lee attended Palm Beach Atlantic University from 2004 - 2011 where she began her training in Ballet, Tap and Modern, which she continued throughout the years under local professionals. Lisa began teaching Ballet and Tap at Miss Sara's Dance where she discovered the joy of teaching children how to dance. This led her to open Lisa's Dance and Exercise company in 2013, which started as two classes a week in her clubhouse. She also obtained a Masters Degree in Mental Health (MHC) with a child psychology specialization from Palm Beach Atlantic University, where she learned the benefits of getting children involved in exercise at an early age. She currently teaches beginner Ballet and Tap for ages 1.5 – 9, subs for every style of dance and gymnastics taught at Lisa's Dance and owns and manages the studio. She has also begun a dance scholarship fund for dancers taking multiple classes per week.

Malischa Ogé has been dancing since the age of 5. Her love for dance first blossomed with liturgical dance at her childhood church, and her passion for every dance style only grew from there. She has trained in styles ranging from African dance to modern dance and was a dancer and cheerleader during her high school and college years. She graduated with her bachelor's degree from Nova Southeastern University, where she majored in mass communication and journalism, and minored in dance. She was a part of the dance ensemble at NSU, as well as a dancer for the sports dance team, the Sharkettes. Mali has taught dance styles such as Liturgical, Lyrical, Hip Hop, Ballet and Jazz, to kids, teens and adults for several years as well as volunteering and teaching dance to children at her local church. She has taught Hip Hop, Contemporary, Modern, Ballet, Tap and Gymnastics at Lisa's Dance and Exercise for over eight years.



Christina Lista began her dance education at the age of three, and joined a competitive dance team at the age of eight. In 2012, she won 1st Place Platinum and the "Magic Dancer" award at LA Dance Magic's competition in Orlando, receiving a 2-week scholarship to train in Los Angeles, California. In 2014, she was awarded a scholarship at the Joffrey School of Ballet in New York City where she trained for 6 weeks. Christina graduated from Wellington Community High School, where she was a member of their dance company and competitive dance team, while being a member of Vantage Pointe's competitive dance team. Christina graduated from the University of Florida with a bachelors in Health Science for Occupational Therapy and a minor in Disabilities in Society. During her four years at UF, she was a member of Floridance Dance company and served with Dance for Life, a dance therapy program for patients with Parkinson's Disease. She is committed to working with individuals with disabilities and incorporating the art of dance into therapy. She is also experienced in pointe, lyrical, and hula. Christina teaches Contemporary and Acro to one of the competition teams at Lisa's Dance.

Tenaja Johnson enjoyed Ballet and Tap as a child and continued her love of dance into her teens, adding Hip Hop, Cheerleading, Jazz and Step. As a young adult she enrolled in Hip Hop, Adult Ballet and Jazz and Modern at Lisa's Dance where Lisa noticed how quickly she picked up dances, how beautifully she danced and how professional her technique was and invited her to become a teacher. Tenaja also has 3 younger sisters which taught her how to work with children. She trained under Lisa, Malischa and Annaya and now teaches Gymnastics, Hip Hop and Ballet and Tap at Lisa's Dance to ages 2-12.



Sheneel Stewart began her dance career in Jamaica at 5 years old taking Jazz, Ballet and Contemporary. She moved to the United States when she was 9, where she added Majorettes and Hip Hop to her dance education. She also attended Palm Beach Atlantic University (Lisa's alma madder) and took two years of Jazz there. Sheneel has trained under Lisa and Malischa in order to expand her dance resume to include teaching Musical Theater, Lyrical She developed a love for children taking care of her niece and nephew. During the day, Sheneel is a surgical technologist. She teaches Ballet and Tap to ages 1 ½ to 4, Musical Theater, Contemporary, Lyrical and substitute teaches for almost every teacher whenever they need it.

Emma Grace Acosta has loved dancing her whole life, starting when she was 3. Grace attended BAK Middle School and the American Heritage School in Delray and participated in American Heritage's competition team, even earning a dance scholarship and helping her team win first place at a national competition. To continue her training, she has taken courses from other professional choreographers, traveling to Connecticut and New York, even training with Broadway dancers! Her dance education includes Ballet, Tap, Jazz, Contemporary, Lyrical, Musical Theatre, Hip Hop, Modern and Acro. She currently teaches Jazz and Acro at Lisa's Dance and Exercise Company and is the newest member of our teaching team!



From all of us teachers to our dancers: Watching each of you grow in confidence, talent and passion this season has made us so grateful to be a part of your dance education. Keep shining. keep working hard and never stop dancing. Contratulations on a beautiful recital – new love being with you on your journey!

*Join us for our ten-week Summer Session featuring brand Wicked of Oz/Wicked classes ages 10 and under! Older classes are continuing as well. Enrollment now open! Scan the code to enroll*



# *Creative Movement & Ballet, Ages 1.5-3*

Chloe Coelho

Lahela Cruz

Kaia Ershock

Maveryk Fridley

Emiliana Gutierrez

Isabella Heller

Tessley Knowles

Lily Lampinen

Ariella Lee

Natalya Martinez

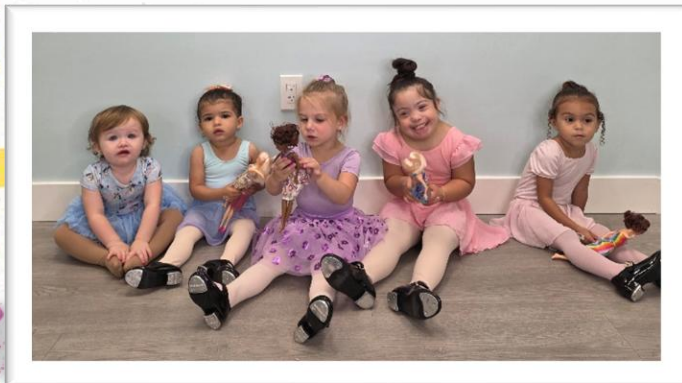
Ensly Perez

Magnolia Plean

Ella Rutherford

Hannah Schuster

Alessia Zammit



# Ballet & Tap, Ages 3-4

Brooklyn Aboudaoud

Clara Bindseil

Mila Cemoin

Harlyn Christensen

Sienna Delorme

Jemma Gast

Mayla Glessen

Lily Guerrero

Genesis Hernandez

Keziah Joseph

Alessi Lagrotteria

Mila Moffo

Luna Munker

Leilani Murillo

Talia Perez

Iza Quintero

Alianis Reyes

Maya Rodriguez

Leila Saintil

Kristen Vieyto



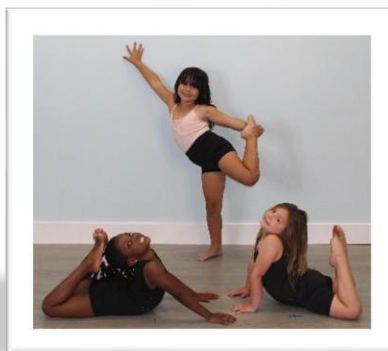
## **Ballet & Tap, Ages 5-9A**

Ivy Aboudaoud  
Carlota Fadul  
Kemisha Auguste  
Ann-Leyissah Belizaire  
Lia Chawla  
Lilianna Drebing  
Brooklyn Gayadat  
Mia Gonzalez  
Emberly Johnson  
Laya Novembre  
Zia Quintero  
Nicolina Resciniti  
Kaylee Sardinas  
Johnaya Similien

## **Ballet & Tap, Ages 5-9B**

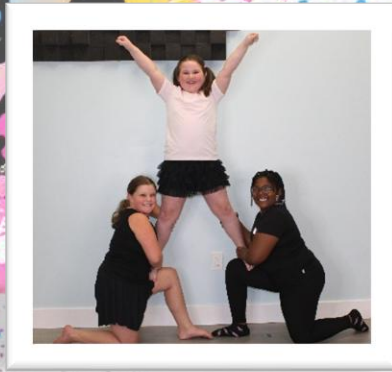
Esther Bernard  
Gianna Beras  
Brielle Delivrance  
Jenica Forest  
Starr Johnson  
Maya Martinez  
Julia Principe  
Gabrielle Ronchetti  
Liana Salazar  
Temia Thomas  
Aria Vandenburg





## **Gymnastics**

Zoey Bensin  
Mia Castillo  
Nicole Ferrufino  
Dayana Vilaomat Gil  
Starr Johnson  
Ava Lewis  
Selah Monaco  
Carolina Pegueno  
Gabrielle Ronchetti  
Ember Terry



### **Cheerleading**



Ava Lewis  
Tracy O. Remy  
Ember Terry



### **Intermediate 2 Ballet & Tap**

Jimena Andrade  
Elise Bindseil  
Sophia Cogswell  
Gabrielle Ebe  
Ava Lewis  
Kamryn Matt  
Lydia Paro  
Oakley Rae Sauer



### **Lyrical**

Kamryn Matt  
Lydia Paro  
Oakley Rae Sauer  
Ember Terry



### **Advanced Ballet & Tap**

Isabella Chermell  
Milena Quisqueya Lopez-Cabral  
Abby Muller  
Hadassah Paro



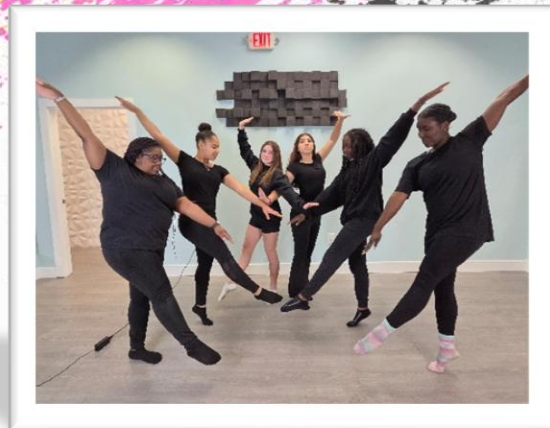
### **Intermediate 1 Ballet & Tap**

Rylie Benson  
Leylani Figueroa  
Cawisna Pierre Charles  
Melanie Vieyto



### **Contemporary 1**

London Bursch  
Liliana Campbell  
Adarah Flores  
Ava Lewis  
Olivia Mann  
Elliana Vaccaro



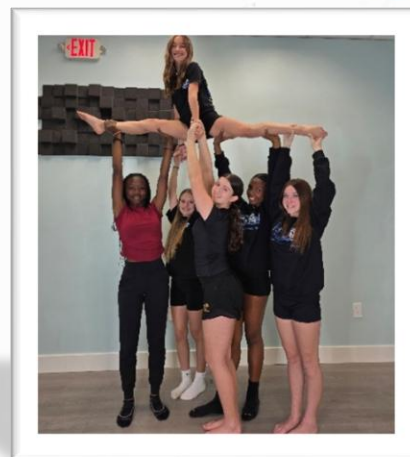
### **Modern**

Tenaja Johnson  
Kallie Matt  
Jazmine Nieves  
Malischa Oge  
Elisabeth Pierre  
Sheneel Stewart



### **Contemporary 2**

- Sophia Cogswell
- Hadassah Paro
- Oakley Sauer
- Ember Terry



### **Juniors Contemporary**

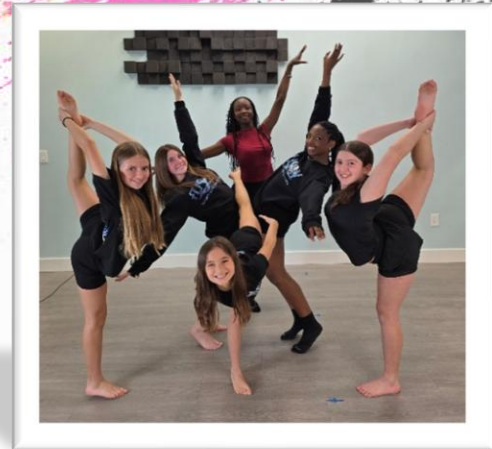
#### **Competition Team**

Ava Marie Narain  
Elisabeth Pierre  
Kallie Matt  
Brianna Segall  
Gabiella Small  
Kaitlyn Small



**Mini Jazz Competition Team**

- Ava Lewis
- Olivia Mann
- Kamryn Matt
- Oakley Rae Sauer
- Ember Terry
- Elliana Vaccaro



**Juniors Acro Competition Team**

- Ava Marie Narain
- Elisabeth Pierre
- Kallie Matt
- Brianna Segall
- Gabriella Small
- Kaitlyn Small



**Intermediate 1 Jazz and Acro**

- Elise Bindseil
- Grace Bradwell
- Ava Lewis
- Camila Hurtado



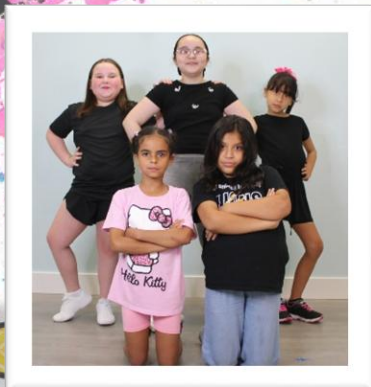
**Intermediate 2 Jazz and Acro**

- Sophia Cogswell
- Viola Rodriguez
- Ember Terry



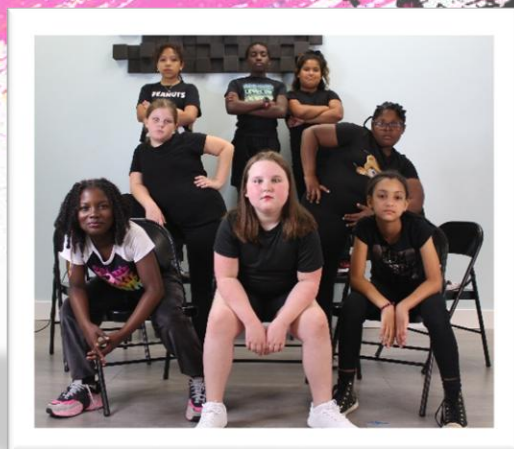
**Hip Hop Toddlers**

- Aria Flores
- Ariella Lee
- Dominic Martinez
- Natalya Martinez
- Maeva Stanley



### **Hip Hop 1A**

Sariyah Brown  
 Mia Castillo  
 Adarah Flores  
 Ava Lewis  
 Camila Torres  
 Melanie Vieyto



### **Hip Hop 2A**

Aaliyah Barazorda  
 Grace Bradwell  
 Stephanie Ferrufino  
 Zachary S. Jean  
 Ava Lewis  
 Milena Quisqueya Lopéz-Cabral  
 Selah Monaco  
 Tracy O. Remy  
 Ember Terry



### **Hip Hop 1B**

Raelyn Dangler  
 Jenica Forest  
 Wren Read



### **Juniors Hip Hop Competition Team**

Kamryn Matt  
 Kallie Matt  
 Brianna Segall  
 Gabriella Small  
 Kaitlyn Small



**Hip Hop 3**

Isabella Chermeil  
Morina Chermeil  
Tenaja Johnson  
Kallie Matt  
Sheneel Stewart



**Musical Theater**

Brooke Lynn Braham  
Alicia Germain  
Isabella Lipps



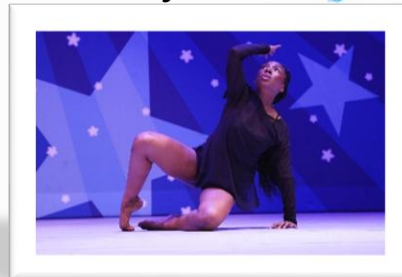
**Mom and Me Salsa**

Ashley Sauer & Oakley Sauer



**Lyrical Solo**

Tenaja Johnson



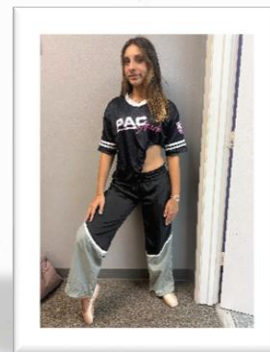
**Contemporary Solo**

Ava Marie Narain



**Contemporary Duet**

Hadassah Paro  
Sabrina Quattrocchi



**Pointe Solo**

Sabrina Quattrocchi

# Act 1

*Everybody - 5-9B Tap*

*Wonderwall - Creative Movement Ballet*

*I Love You Always Forever - 3-4 Ballet*

*Train Wreck - Ava Narain Contemporary Solo*

*Wannabe - Creative Movement Tap*

*Call Me - Hip Hop 2B*

*It's Friday I'm in Love - 5-9A Ballet*

*Love Will Find a Way - 5-9B Ballet*

*Breakfast at Tiffany's - 3-4 Tap*

*Take Me There - Hip Hop Toddlers*

*Scenario - Hip Hop 1A*

*Mmm Bop - 5-9A Tap*

*Jce Jce Baby - Hip Hop 1B*

*90's Cheer Mix - Cheerleading*

*All the Small Things - Acro 2*

*Ocean Avenue - Acro 1*

*ExWives - Juniors Acro Competition Team*

*Supernova Girl - Gymnastics*



# Act 2

*All Around the World - Intermediate 2 Ballet*

*Saturn - Juniors Contemporary Competition Team*

*There She Goes - Intermediate 1 Ballet*

*Dance with Somebody - Minis Jazz Competition Team*

*It's All Coming Back to Me Now - Modern*

*Fantasy - Advanced Ballet*

*Believe - Jazz 2*

*WaKa WaKa - Salsa*

*Lovefool - Intermediate 1 Tap*

*Landslide - Contemporary 1*

*Sweet Dream - Advanced Tap*

*Dancing Queen - Musical Theater*

*My Heart A Will Go On - Contemporary 2*

*Sittin Up in My Room/Top of the World - Hip Hop 2A*

*Read All About It - Sabrina and Hadassah Contemporary Duet*

*Because of You - Lyrical*

*Let's Get Loud - Jazz 1*

*Who You Are - Tenaja Johnson Lyrical Solo*

*Luminary - Sabrina Quattrocchi Pointe Solo*

*Proud Mary - Intermediate 2 Tap*

*No Scrubs - Hip Hop 3*

*Finale*



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– Linda Klumpp M.D.

**CONTACT US**

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Gianna Marie Beras

Smile big and shine bright! We are so proud of you and love you to the moon and back.

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*Together, we can build stronger individuals and stronger communities.*

# HARLYN CHRISTENSEN



We're so proud of how great you're doing in ballet and tap!

We love you!

Love, Dada, Mama, and Kalel



# Oakley Rae Bauer

Our Baby Girl,

We are so proud of your hard work, dedication, and the beautiful gifts God has blessed you with through dance. Through every practice, competition, and performance, you continue to honor Him. We love you!

Love always, Mommy, Daddy, Paisley, GeeGee & Goopy  
XOXO



To Our  
Beautiful Girl,  
*Ava Grace* ♥

Watching you dance  
is like watching a little  
piece of our hearts *shine*  
under those stage lights.

One day the costumes  
will be packed away and  
the tiny dance shoes will  
no longer sit by the door,  
but the memories of these  
moments will stay with us  
*forever*. Your smile, your  
confidence, and the way you  
light up every room just by  
being in it will always live  
in our *hearts*.

You are growing up  
way too fast, but no matter  
how much time passes, you  
will always be our *little girl*  
and we will always be  
your *biggest fans*.

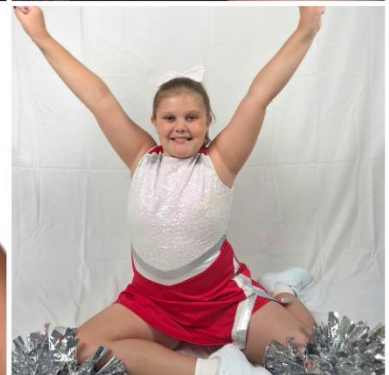
**WE LOVE YOU!!**  
Forever Your Biggest Fans ♥

*Daddy, Mommy & Tyler* ♥



Eat, sleep, dance, repeat!!  
Ember, your dedication and passion amaze us every  
day. Congratulations on another fantastic recital!  
We love you to the moon and back!

Mom, Dad, Ethan, Brandon, Emma & Finn



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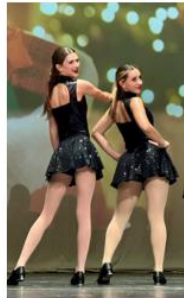
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Sabrina, we could not be more proud of the person you have become. You've come so far in your dancing ability and we look forward to seeing more of you on stage and your name up in lights! Keep striving for excellence in all that you do. We love you so very much.

With love from your biggest fans: Mommy, Daddy, Stevie, Marco, Caterina, Luna, Stella and Chiara.



# *Lisa's Dance and Exercise*

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